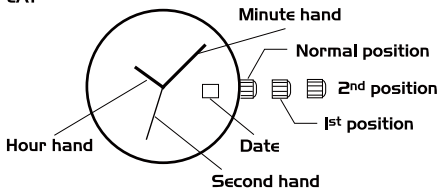


3 HANDS WITH DATE

A) DISPLAY



B) SETTING THE TIME

1. Pull the crown out to the 2nd position.
2. Turn the crown to set hour and minute hands.
3. When the crown is pushed back to the normal position, second hand begins to run.

C) SETTING THE DATE

1. Pull the crown out to the 1st position.
2. Turn the crown counter-clockwise to set the date.
* If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change the following day.
3. After the date has been set, push the crown back to the normal position.

HOW TO USE THE HELIUM ESCAPE VALVE?

In its normal position, the BARREL helium escape valve is perfectly watertight thanks to the gaskets, but it is not functional, since it is screwed down.

During the decompression phase, unscrew the crown of the valve in order to release the mechanism. The valve is now watertight from the outside. As the interior pressure becomes greater than the exterior pressure, it pushes the gasket out of its seating, thus releasing the gas. Once the pressure is equalised, gasket returns to its original position, pushed by the spring.

This operation is automatically repeated several times during the decompression phase. Once atmospheric pressure is reached, screw down the crown of the valve.