

# INSTRUCTION MANUAL FOR MIYOTA MOVEMENT

## \*How to set time and date:

- |      |       |   |
|------|-------|---|
| Date | ----- | Pull out crown to the 1st Click Position, then:<br>turn crown counter-clockwise for Date adjustment |
| Time | ----- | Pull out crown to the 2nd Click Position and<br>turn crown until the time is set correctly          |
| Day  | ----- | Pull out crown to the 1st Click Position, then:<br>turn crown clockwise for Day adjustment          |

## HOW TO USE THE HELIUM ESCAPE VALVE?

In its normal position, the **BARREL** helium escape valve is perfectly watertight thanks to the gaskets, but it is not functional, since it is screwed down.

During the decompression phase, unscrew the crown of the valve in order to release the mechanism. The valve is now watertight from the outside. As the interior pressure becomes greater than the exterior pressure, it pushes the gasket out of its seating, thus releasing the gas. Once the pressure is equalised, gasket returns to its original position, pushed by the spring.

This operation is automatically repeated several times during the decompression phase. Once atmospheric pressure is reached, screw down the crown of the valve.

